

## Top of the South Gymnastics Competition 12-14 July 2019

<b>SESSION ONE Friday 12 July</b>		
WAG Step 2	WAG Step 7	
Warm up: 3.00pm	Warm up: 3.00pm	
Compete: 3.30pm	Compete: 4.05pm	
<b>SESSION TWO Friday 12 July</b>		
WAG Step 3	WAG Steps 8, 9,10, Sen Int	MAG Level 4,5,6
Warm up: 5.00pm	Warm up: 5.30pm	Warm up: 5.30pm
Compete: 5.30pm	Compete: 6.55pm	Compete: 6.00pm
<b>SESSION THREE Saturday 13 July</b>		
GFA GymFun, Grades 1 & 2	WAG Step 5	MAG Level 7,8,9
Warm up: 7.30am	Warm up: 7.30am	Warm up: 7.30am
Compete: 8.00am	Compete: 8.00am	Compete: 9.50am
<b>SESSION FOUR Saturday 13 July</b>		
WAG Step 1	WAG Step 6	MAG Level 1 & 2
Warm up 11.15am	Warm up 11.15am	Warm up 11.15am
Compete: 11.45am	Compete: 11.45am	Compete: 11.45am
<b>SESSION FIVE Saturday 13 July</b>		
GFA Bronze	WAG Step 7	MAG Level 3
Warm up: 2.00pm	Warm up: 1.45pm	Warm up: 1.45pm
Compete: 2.30pm	Compete: 2.55pm	Compete: 2.15pm
<b>SESSION SIX Saturday 13 July</b>		
GFA Gold/Elite/Women Division	WAG Steps 8,9,10, Sen Int	MAG Level 4,5,6
Warm up: 4.00pm	Warm up: 4.30pm	Warm up: 4.30pm
Compete: 4.30pm	Compete: 6.00pm	Compete: 5.00pm
<b>SESSION SEVEN Sunday 14 July</b>		
GFA Iron	WAG Steps 5 & 6 Finals	MAG Level 7,8,9
Warm up: 8.30am	Warm up: 8.30am	Warm up: 8.30am
Compete: 9.00am	Compete: 9.00am	Compete: 9.50am
<b>SESSION EIGHT Sunday 14 July</b>		
GFA Silver	Step 4	
Warm up: 11.00am	Warm up: 11.30am	
Compete:12.00pm	Compete: 12.00pm	

Top of the South Gymnastics Competition is a two-day competition for MAG levels 4-9 and for WAG Steps 7-10. In Steps 5 & 6 the top 10 from each division will compete a second day.

Top of the South reserves the right to move the competition forward by 30 minutes but **NOT** the first session on Friday, Saturday or Sunday.

Doors will open 20 minutes before the start of each day.