

START OF TERM INFORMATION TERM 4, 2020

<u>TERM 4, 2020</u>	<u>Start Date</u>	<u>Finish Date</u>	<u>No Classes</u>	<u>No of weeks</u>
Monday Classes	October 12	December 21	October 26	10
Tuesday Classes	October 13	December 15		10
Wednesday Classes	October 14	December 16	October 21 No pre-school classes	9/10
Thursday Classes	October 15	December 17		10
Friday Classes	October 16	December 18	November 13	9
Saturday Classes	October 17	December 19		10
Sunday Classes	October 18	December 20		10

Welcome to a new term at Christchurch School of Gymnastics.

Did you know that gymnastics is the basis of all sport? Strength, balance, power, flexibility, speed – we have it all!

PLEASE KEEP THESE TERM DATES FOR YOUR FUTURE REFERENCE

Class dates and times can also be viewed via your parent portal

TERM FEES

Your term fee includes GST and the GSNZ Affiliation fee. Fees are non-refundable, except if notification is given at least 3 working days prior to the start of the first class – refunds attract a \$15 administration fee. **Fees are due as per invoice, and must be paid in full before the start of term. Your payment confirms your place in the class.** If we do not receive any payment from you, your place in the class may be lost. There are no refunds for missed classes. If you chose to pay with credit card via your parent portal. All payments will be processed directly and securely with Ezidebit. *Your credit card statement will show Ezi-Fitness, rather than Christchurch School of Gymnastics.*

INTERNET BANKING

Christchurch School of Gymnastics / Westpac Eastgate / 03 1591 0125730 00. Please add your invoice number in the format "FM-1234" as reference for bank transfers. Fees can also now be paid easily via credit card through your parent portal, but please note there is a small charge for processing payments this way. Please be aware it can take up to 48 hours to process online payments.

RE-ENROLMENT

Re-enrolments for term 1, 2021 open for current members from December 1 2020. This is all done online via your parent portal on our website www.chchgymnastics.com. Enrolments open to new members from December 8, so re-enrol before this date to guarantee your space. Please do not hesitate to contact our admin team if you have any issues with re-enrolling or using your parent portal. You MUST re-enrol to secure your place, we do not reserve places, or automatically roll over our term classes.

WHEN YOU ARRIVE

Please ensure you sign in every week at the front desk. Once you have signed in, please head straight upstairs and wait to be collected by a coach. You can line up at the top of the stairs, as indicated. Pre-School children in a parented class require at least one caregiver with them during class.

Door A - Gymnastics classes

Door B - Trampoline, Tumbling and Ninja

WHAT TO WEAR

Please wear a leotard, or shorts/leggings and a t-shirt to all classes. Clothing must be snug fitting but flexible (jeans are NOT appropriate). No belts, buckles, zippers or anything that will catch on the gymnast, the coach, or the equipment. Gymnasts participate in bare feet and trampolinists must wear white socks. Long hair must be tied back. Please wear shoes to and from the gym - bare feet traipse in dirt which damages our equipment. *The extremely popular GYMNAST and TRAMPOLINE shorts are available from reception - \$35 a pair.* Leotards, T-Shirts and Club hoodies are also available from reception at various prices. Underwear must always be worn beneath leotards.

FACILITIES

Changing Rooms – Changing rooms with showers and toilets for gymnasts can be found downstairs, these can be used by all our members. Please do not leave any valuables in the changing rooms.

Toilets – Male and Female toilets are upstairs off the mezzanine floor. An accessible toilet is available downstairs.

Baby Change Table – There are baby change facilities downstairs in the public accessible toilet. Please take soiled nappies with you.

Barista Coffee – Barista coffee, tea and hot chocolate is available from our canteen Saturday mornings 8:30am-12pm. Bring your own cup for a 50c discount.

Quiet Room – Please feel free to make use of our upstairs function room (subject to availability) as a quiet space to sit, relax or catch up on some work whilst you wait.

Wi-Fi – Guest Wi-Fi is available using the following details. USERNAME: **csgguest** PASSWORD: **flippingbrilliant**

LOST PROPERTY

Please make sure all of your child's belongings are labelled. We collect lost property and keep it for **two weeks**, after that we may dispose of, donate or recycle unclaimed items.

FOOD

No food on the gym floor or any of the equipment please. We have members with severe food allergies, so we ask please that any food be consumed upstairs or in our parent waiting area downstairs.

COMMUNICATION

Our primary form of contact is via E-Mail. Please check your spam and junk boxes and add mailer@friendlymanager.com to your safe senders list so as not to miss any important information.

Christchurch School of Gymnastics has an app Contacts, events, alerts, news and reporting absence are just some of the features this app has. We are using this app to get important information to you quickly. Please download it now for free from Google Play or the App Store and remember to subscribe to the relevant alerts. Please check our website www.chchgymnastics.com. Like us on Facebook to receive regular updates: <https://www.facebook.com/pages/Christchurch-School-of-Gymnastics/163321601373> or follow us on Twitter or Instagram @ChchGymnastics

Watch out for the Flipping Brilliant Club Newsletter released mid-term. This will keep you up to date on all news. It will be emailed out to all parents. Hard copies will be available at reception.

SKILLS AWARDS PROGRAMME AND TRAMPOLINE BADGE TESTING

Gymnasts in our Junior Gymnastics and Advanced Junior Gymnastics classes will be assessed in week 7 of Term 1, 2 and 3 with our Skills Award Programme. This is designed to promote progression within our Junior Gymnastics classes through assessment in various skills and moving through stages 1-6. Once a stage has been completed and signed off on their skills card gymnasts will be awarded a certificate, and badges for each stage are available for purchase at the front desk. Cost is \$8.50 per badge. Award stages your gymnast has passed appear on your parent portal as well as any skills that still need to improve on, in order to pass. We expect everyone to progress through these stages at their own pace, there is no set timeframe to achieve a certain stage. If you have any questions regarding the skills award programme or would like to opt out, please contact Marie Lakin at marie.lakin@chchgymnastics.co.nz.

Testing will not happen in Term 4, instead all our members are invited to take part in our Christmas Competition held on December 5 & 6. More information about this will be posted shortly.

All Trampoline classes will be eligible for trampoline badge testing. Badges start with basic skills at red and blue badge; work up to front and back somersaults at green and yellow badge; and onto complex skills and combinations (purple, black, orange, brown & white). Badge Testing happens twice a year, usually within the class.

CCTV

For the safety and security of our building, its visitors and staff, we operate CCTV throughout the venue. Cameras do not cover the changing rooms, so please do not leave valuables unattended in these areas.

OFFICE OPENING HOURS

Monday 9:00am-5:30pm

Tuesday 9:00am-5:30pm

Wednesday 9:00am-5:30pm

Thursday 9:00am-5:30pm

Friday 9:00am-5:30pm

Saturday 8:30am-12:30pm

Sunday 4:00pm-7:30pm

PHOTOGRAPHY

For the privacy of our members we ask that you only take photos and video of your own children.

PARKING AND VIEWING

Parking outside the gym will be disrupted during term 4, as work to improve the carpark will begin soon. Please be vigilant and follow all directions accordingly. Parking in the pool complex is no longer restricted and you can park there free of charge.

We have a spacious viewing area upstairs if you wish to stay and watch, but please do not speak to your child while they are on the gym floor. Parents can take a gymnast's focus away from the task and may undermine the relationship between the coach and the gymnast. Please remain seated and do not enter the gym floor area. If there is an emergency and you need to take your gymnast from class, please talk to the office.

Contacts:

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