



August 10th / 11th 2019 - QEII Park Christchurch

CANTERBURY CHAMPIONSHIPS 2019 TIMETABLE

Saturday		WAG		MAG		
Session 1	Stretch	12.20pm	STEP 5			
			4 groups (33)			
	Marshall	12.40pm				
	Compete	12.45pm	END 2.20pm			
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Session 2	Stretch (blue)	2.00pm	STEP 7 & 9+		Levels 8/9	
	Warmup	2:20pm	3 groups (15,5)		1 group (6)	
	Stretch		compete G1, VBBF	Stretch	3.00pm	Level 4
			G2 BBFV			1 group (7)
	Marshall	3.20pm	G3 BFVB	Marshall	3.20pm	
	Compete	3.25pm	END 5.25pm	Compete	3.25pm	
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Session 3	Stretch	5.00pm	STEP 8	Stretch	5.00pm	Level 7 & 6
	Warmup	5.20pm	1 group (9)	Warmup	5.20pm	2 groups
	Stretch	6.00pm	STEP 6	Marshall	6.20pm	Level 5
	Marshall	6.20pm	3 groups (25)	Stretch	5.30pm	
	Compete	6.25pm	END 8.15pm	Marshall	5.50pm	
				Compete	6.00pm	
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Sunday		WAG		MAG		
Session 4	Stretch	7.30am	STEP 4			
	Marshall	7.50am	4 groups (39)			
	Compete	8.00am	END 9.45am			
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Session 5	Stretch	9.20am	STEP 7 & 9+	Stretch	9.20am	Level 8 +
	Warm-up	9.40am	3 groups	Warm-up	9.40am	
				Stretch	10.20am	Level 4
	Marshall	10.40am		Marshall	10.40am	
	Compete	10.45am	END 12.45	Compete	10.45am	
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Session 6	Stretch	12.25pm	STEP 8	Stretch	12.25pm	Level 7 & 6
	Warm up	12.45pm	1 group	Warm up	12.45pm	
	Stretch	1.25pm	STEP 5	Stretch	1.25pm	Level 5
	Marshall	1.45pm	2 groups	Marshall	1.45pm	
	Compete	1.50pm	END 3.15pm	Compete	1.50pm	
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Session 7	Stretch	2.50pm	STEP 6			
	Marshall	3.10pm	2 groups (16)			
	Compete	3.15pm	END 4.45pm			
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